

# March 2023



**Step 3** Made a decision to turn our will and our lives over to the care of God as we understood Him.

**Tradition 3** The only requirement for AA membership is a desire to stop drinking.

**Concept 3** To insure effective leadership, we should endow each element of A.A.—the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional “Right of Decision.”

Download the Viewpoint:  
[ncsandiegoaa.org/viewpoint](https://ncsandiegoaa.org/viewpoint)

To receive the Viewpoint by email:  
[vpsubscription@ncsandiegoaa.org](mailto:vpsubscription@ncsandiegoaa.org)




Personal Story—Motives are the Seeds of Action	Page 1
Intergroup Minutes	2 – 3
H&I Report	4
Personal Story (cont'd) & After-Hours Phone Report	5
Financial Report and Group Contributions	6 – 9
Local Events and Other Announcements and Business Committee 12 Steps Idea Flyer	10 – 11

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## Motives Are the Seeds of Action

### I Think Before I Do

by Rick R.

In my early days of sobriety, my wife came home from an Alanon meeting all excited about what they had talked about. Apparently, they were discussing their Fourth Step inventories and she explained that when taking Step Six, it was important that she *examine her motives* before making decisions. How interesting and profound that statement was, at the time, and it has come up many, many times since that initial conversation. Since almost everything we do begins with what we think, that statement has been a big part of what I believe our goals are supposed to be when we are in the process of cleaning up the wreckage of the past. It also implies that we should examine our motives, for what we do, from this day forward, and be sure that they conform to the spirit of the principles that are suggested in the A.A. program.

This kind of thinking was foreign to me before John Barleycorn got his grip, but when the alcohol took its toll and I was circling the drain, I was forced to decide what I was going to do with the rest of my life. It became very important to learn and understand what the causes of my failures were, and what I could do to correct them. Like most of us, I measured my successes and failures based on things I had accomplished, by the things I owned, and where I lived. It made little difference how I acquired those things. How different my thinking is today, compared to how it was back then. I no longer base my success on material possessions. As the old country song says, "one rich man in ten with a satisfied mind." This, to me, does not mean that we must take a vow of poverty. To me, this means that if I am honest with myself and my motives are pure and unselfish, I can be content at any economic level. My *motives* make it so.

*(Continued on page 5)*

# North County Intergroup Association of A. A.

## Meeting Minutes March 8, 2023

### Date / Time:

The monthly meeting of the Intergroup Committee was called to order by the Chair Tom C. at 7:00 PM. (Zoom Id: 318 406 912). We opened the meeting with the Serenity Prayer.

### Attendance:

Chair, Tom C., Co-Chair Mike L., Secretary Jay M., Member-at-large Mike C., Office manager Liz H.

Traditions: Read by Tom.

Prior Month's Minutes: Jay M. (760) 207-3726 E-Mail: [JayM@ncsandiegoaa.org](mailto:JayM@ncsandiegoaa.org)

Read by Jay M., Noted that Valerie M's name was misspelled and next InterGroup meeting date was incorrect. Minutes were approved as amended.

Financial Report: Valerie M. (760) 585-6771 E-Mail: [ValerieM@ncsandiegoaa.org](mailto:ValerieM@ncsandiegoaa.org)

The month-end financial report, was presented by Valerie M.. February revenue \$5,940, expenditures \$8,843, net income of (\$2,903), net income year to date \$5,973. Report was approved as presented. The Prudent Reserve at February 2023 month end was 11.0 months, YTD Prudent reserve 10.8 months. (financials attached)

Central Office Report: Liz H. (760) 758-2514 E-Mail: [LizH@ncsandiegoaa.org](mailto:LizH@ncsandiegoaa.org)

Liz H. reported that book prices ordered from GSO will go up 20% and literature will go up 30% as of April 1. Volunteers needed for Central Office: 2<sup>nd</sup> Tuesday morning, Fifth Monday, Wednesday, Thursday and Friday afternoons 1-5pm. First and Fourth Thursday afternoon 1-5.

Public Information: Caroline H. (404) 435-0900 E-Mail: [CarolineH@ncsandiegoaa.org](mailto:CarolineH@ncsandiegoaa.org)

Caroline H. reported that PI is currently supplying literature to a total of 5 libraries. Some pamphlets are backordered.

Caroline is looking for volunteers to form a speakers list for professionals and schools. You can text or email her your contact info.

Telephone Committee: Laura C. (760) 271-1739 E-Mail: [LauraC@ncsandiegoaa.org](mailto:LauraC@ncsandiegoaa.org)

Laura C. reported that volunteers are needed for the following phone shifts: Sunday week 5, 9am to 1 pm, Monday week 5, 5 pm to 10 am,

Margaret T. announced that she will be rotating out Captain for Friday shifts and new Captain is needed.

Archives Committee: Danny O. (619) 884-7272 E-Mail: [DannyO@ncsandiegoaa.org](mailto:DannyO@ncsandiegoaa.org)

Danny O. asked people to stop by archives table at the Traditions Breakfast..

Archives is putting together second edition of Grapevine stories written by people with connection North County. Putting together second edition will start after Traditions Breakfast. There are 25 First edition pamphlets available at Central Office.

**Outreach Committee: Margaret T. (760) 504-5706 E-Mail: MargaretT@ncsandiegoaa.org**

Margaret T. had no report..

**NCH&I Committee: Hew B. (424) 302-9809 email: NorthCountyHandI@gmail.com**

No report

**Area Assembly: Linda R (760) 815-0207 E-Mail: LindaR@ncsandiegoaa.org**

Linda reported that there are many activities and workshops coming up from Area 8. Check Area website area8aa.org.

There are 3 pre-conference workshops: 3/11 – 10 am Tierrasanta Lutheran Church,  
3/12 – 1 pm St Andrews Church, Encinitas and 3/19 – East County Regency Room, El Cajon.

April 1, is the Pre-Conference Assembly, VFW La Mesa at 9 am.

Any AA member can attend any of these events.

PRAASA is in Los Angeles on 3/3-5/23 went extremely well. Panels and discussion and Agenda items were all presented.

**Business Committee: Tom C. (760) 720-5339 E-mail:bizcommittee@ncsandiegoaa.org**

Old Business:

Traditions Breakfast is March 19, 2023 at the Escondido Center for the Arts and tickets are available at Central Office. As of March 8, 589 of 600 tickets are sold. Tickets will not be available at door.

\$25K transfer from money market to CD's has been slow due to Union Bank merger with US Bank.  
New phone system has installed with cost of \$150.

New Business:

Tom C. announced that prices will increase slowly to offset the GSO increase. Fancier tokens will be available at Central Office again, soon.

Business Committee will work with Central Office to develop a budget for 7/1/23-6/30/24 fiscal year.  
A bulletin board has been added to website to note upcoming events and notices about meetings.

**Elections:** None.

**Announcements and questions:**

Member asked if donation to GSO has been considered for surplus funds.

In attendance: 22 representatives on zoom; 13 in person; 5 new reps

Meeting adjourned at 7:52 pm. Next Intergroup is April 12,, 2023 at 7 pm.

**NORTH COUNTY  
INTERGROUP FINANCIAL REPORT AND  
GROUP CONTRIBUTIONS LIST...**

**See Pages 6 – 9 . . .**



**NORTH COUNTY H&I NEWS**

H&I is Always In Need of New Members to Join the Panels Active in North Country a listing of those can be found at <https://nchandi.org/panels>

Our Next Orientation will Be March 18th Saturday at the 9am - 945am - Followed By Our Monthly Business Meeting 9.45 am Till 11am

North County Alano Club  
4198 Mission Ave, Oceanside, CA 92057  
Please use this <https://nchandi.org/orientation> as a resource for the steps you need to take to become a panel member.

Please look through our website at <https://nchandi.org/home>

**Financial Report**  
Group Donations  
Green Can Donations Included  
February 2023

Beginning Bank Balance 2/1/23 11,835.70  
Ending Bank Balance 2/28/23 12,274.65  
Difference 438.95 ... Gain  
Calculated Prudent Reserve 4,530.44

**Upcoming Events**  
[40th Annual Southern California H&I Conference](#) -  
May 5 - May 7 Holiday Inn, La Mirada, CA 14299  
Firestone Blvd, La Mirada, CA  
• Most Memorable H&I Moments • Friday Night  
Keynote Speaker • Mementos H&I más  
memorables • Orador principal el viernes por la  
noche • Saturday Al-Anon Lunch • Saturday Night  
Banquet • Saturday Night Panel • Saturday Young  
People Trivia • Almuerzo de Al-Anon del sábado •  
Banquete del sábado por la noche • Panel del  
sábado

**Registration & Flyers:**  
<https://www.socalhandi.org/southern-california-hi-conference/>

**Questions**  
Please Contact Hew Burney Chairperson  
at 424.302.9809 or [Chairperson@nchandi.org](mailto:Chairperson@nchandi.org)



**(Motives, Continued)**

I was doing a little research to find the definition of the word *happiness* and discovered that it is often described as "*a byproduct of right living and not an end in itself*" Happiness is not a goal, but it is the result of *living right*. A friend once shared at a meeting that, *satisfying his wants will never make a person happy*. Another person shared that she had read something that described it like this: "*happiness is like a butterfly, the more you chase it, the farther away it gets, but when you stand still, it will land on your shoulder*". If my motive is to create happiness, it's probably not going to happen. These subtle little gems of wisdom are revealed to me daily and they slowly become a part of my mental make-up.

Examining my motives has made me look deeper at many of the subtle little differences in the words we use and their causes and effects and, for my purposes, I find that my defects of character, *cause* my shortcomings, and when I understand my defect, my shortcoming (faulty behavior) can be corrected. When I understand the problem, the troubles can be corrected. These ideas may be hard to grasp in the beginning but if I hadn't started looking deeper into my motives, I may never have resolved the deeper issues. These days, Unselfish Motives are the seeds that all my thoughts and actions stem from, and that is as simple as it gets.

\* \* \* \* \*



## The After-Hours Phone Committee Needs Volunteers To Help Cover The 24/7 Hotline

The North County Central Office phones are a lifeline for alcoholics and family members in need of help.

The *after-hours phone committee* takes over when the office is closed, making sure the hand of AA is there 24/7.

### Phone Committee Service Opportunities

#### 12-Step-Call Volunteers

- Men and women 12-Step-Call Volunteers are needed for North San Diego County

Requirement: One year of sobriety, completed training

#### After-Hours Phone Volunteers

- Shift openings are available on Saturday, Sunday, and Monday.
- Trained volunteers willing to step in as a substitute when unexpected circumstances are presented.

Requirement: (Suggested): One year of sobriety, completed training

**Training Sessions**  
are held every month on the 3rd Saturday via Zoom

**Upcoming Training Dates:**  
March 18th  
April 15th  
May 20th  
1:30 PM

**For more information**  
Contact the Central Office at (760) 758-2514  
or Phone Committee Chairperson,  
Laura Conlon, at (760) 271-1739

## Financial Highlights (FYTD) July 2022 - June 2023

Summary	Jul-2022	Aug-2022	Sep-2022	Oct-2022	Nov-2022	Dec-2022	Jan-2023	Feb-2023	FYTD Actuals
<b>Total Sales</b>	2,750	2,334	2,894	3,094	2,676	2,643	2,902	2,428	21,722
<b>Total Cost of Goods Sold</b>	2,472	2,094	2,469	2,731	2,474	2,171	2,543	1,955	18,910
<b>Total Discounts (Net)</b>								(48)	(48)
<b>Gross Profit for Sales</b>	279	239	425	363	202	471	359	425	2,764
<b>Group Contributions</b>	12,686	7,741	8,529	8,574	13,921	9,859	15,996	5,953	83,259
<b>Member Contributions</b>	780	387	308	398	266	1,307	421	472	4,339
<b>Traditions Breakfast (Net)</b>	-	-	-	-	(625)	(3,016)	(2,381)	(918)	(6,941)
<b>Anniversary Meeting (Net)</b>	-	157	-	-	-	-	-	-	157
<b>Bank Interest Earned</b>	8	10	17	5	6	8	8	8	69
<b>Total Other Revenue</b>	13,474	8,296	8,854	8,977	13,568	8,157	14,044	5,514	80,884
<b>Total Revenue</b>	13,753	8,535	9,279	9,340	13,770	8,628	14,403	5,940	83,648
<b>Total Operations Expense</b>	8,416	8,379	8,358	8,651	11,520	8,808	9,801	8,843	72,775
<b>Other Misc Expenditures</b>			5,000	-	-	-	-	-	5,000
<b>Net Profit or (Loss)</b>	5,337	156	(4,079)	689	2,250	(179)	4,602	(2,903)	5,873
<b>YTD Net Profit or (Loss)</b>	5,337	5,493	1,414	2,103	4,353	4,174	8,776	5,873	

### Prudent Reserve Status

Total Savings / Current Month Operating Expense	Jul-2022	Aug-2022	Sep-2022	Oct-2022	Nov-2022	Dec-2022	Jan-2023	Feb-2023	FYTD Avg
<b>Money Market Total</b>	35,244	35,246	35,247	35,249	35,250	35,252	35,253	35,255	35,250
CD #9689 6MO (03/05/2023)	10,049	10,049	10,054	10,054	10,054	10,054	10,054	10,054	10,053
CD #1729 15MO (11/21/2023)	10,219	10,220	10,221	10,222	10,224	10,225	10,226	10,228	10,223
CD #1737 15MO (11/21/2023)	20,421	20,425	20,428	20,428	20,431	20,433	20,436	20,439	20,430
CD #0895 15MO (01/29/2024)	21,456	21,459	21,464	21,467	21,467	21,470	21,472	21,475	21,466
<b>Certificates of Deposit Total</b>	62,145	62,153	62,168	62,172	62,176	62,182	62,189	62,196	62,173
<b>Total Prudent Reserve Funds</b>	97,389	97,399	97,415	97,421	97,426	97,434	97,442	97,450	97,422
Current Month Operating Expense	8,416	8,379	8,358	8,651	11,520	8,808	9,801	8,843	9,097
Number of Months in Reserve Funds	11.6	11.6	11.7	11.3	8.5	11.1	9.9	11.0	10.8

### A.A. Group Contributions List – FYTD February 2023

GROUP CONTRIBUTIONS	Thru Prior Month	FEB	FYTD TOTAL
Bonsall Burning Embers	410.75		410.75
Borrego Springs - SUN 11AM Spiritual Progress at Senior Center	-	90.00	90.00
Camp Pendleton - FRI Dry Dock 20 (SARP)	20.00		20.00
Camp Pendleton - WED Tag Team	20.00		20.00
Cardiff - Back to Basics 7AM M-W-F #94406 (was 614661)	1,385.19	219.50	1,604.69
Cardiff - Friday Happy Hours	523.50		523.50
Cardiff - Ki's Weekender	1,527.05		1,527.05
Carlsbad - MON Night Step A Month Study Group 158720	727.93		727.93
Carlsbad - SAT 9AM Women Living In Recovery	359.27	348.25	707.52
Carlsbad - Sobriety Rocks 830 AM Daily Reflection 705313	3,900.00		3,900.00
Carlsbad - Sobriety Rocks SAT Night	658.00		658.00
Carlsbad - Step Sisters FRI 630PM at New Song Church	386.00		386.00
Carlsbad - WED Night Women Living in the Solution #125405	-	532.87	532.87
Carlsbad 7AM Daily Zoomhouse	75.00		75.00
Carlsbad SAT 4PM Calavera Park	213.42		213.42
Carlsbad TUE Men's Group at Heritage Hall	560.00		560.00
Carlsbad Village People AA Zoom Group	774.48		774.48
Del Mar - Men's God or Vodka 691188	2,142.19		2,142.19
Del Mar - Sunday (121575)	597.17		597.17
Encinitas - Cottonwood Creek Park SUN 830AM	215.00		215.00

GROUP CONTRIBUTIONS	Thru Prior Month	FEB	FYTD TOTAL
Encinitas - FRI 10AM Women's 12x12 Book Study 658941	233.00		233.00
Encinitas - FRI 630PM Balour Women's Step Study	96.62		96.62
Encinitas - FRI 730pm 11th Step Meeting	260.00		260.00
Encinitas - FRI 7AM Women's Step Study at Swami's Cafe	384.83		384.83
Encinitas - Glen Park WED-SUN 730AM	660.86		660.86
Encinitas - MON Nite Big Book Study	-	240.00	240.00
Encinitas - MON Women Living In The Solution #144963	423.93		423.93
Encinitas - Monday North Costal Women's	1,148.07		1,148.07
Encinitas - San Dieguito Fellowship (aka 2nd St)	500.00		500.00
Encinitas - SAT 8 AM Women of Olivenhain Group 652027	521.40		521.40
Encinitas - SAT Dr Bob's V	54.00		54.00
Encinitas - SUN 630 PM Women's 11TH Step Meditation	275.00		275.00
Encinitas - THU Women's Roving AA Group 166964	169.00		169.00
Encinitas - TUE 7 PM North Coastal Men's 686387	725.23	267.79	993.02
Encinitas - TUE Night Men's (691466)	846.34		846.34
Encinitas - WED 10AM Women's Love & Tolerance	379.20		379.20
Escondido - ACE Zoom Nightly 6'er	983.83		983.83
Escondido - Alano Club (ACE)	100.00		100.00
Escondido - Attitudes 7AM Daily In Person	6,006.00		6,006.00
Escondido - Attitudes 7AM Daily on Zoom	3,200.00		3,200.00
Escondido - FRI 8PM Candlelight at ACE	4.81		4.81
Escondido - Grass Roots AA WED Noon	120.00		120.00
Escondido - Lounge Lizards Men's FRI 730PM	194.09		194.09
Escondido - Men's Misfits Book Study WED 7PM	1,608.00		1,608.00
Escondido - MON 10AM BB and 12 & 12 Study	35.00		35.00
Escondido - MON 6PM Women's Book Study on Zoom	105.16	11.81	116.97
Escondido - MON Noon Lunch Bunch	150.00		150.00
Escondido - MON Women's Zoom Speaker	290.00		290.00
Escondido - SAT 10AM Women's "A New Beginning" GSO 162446	367.00		367.00
Escondido - SAT 10PM The Nest LGBT & Allies at ACE	1.87		1.87
Escondido - SAT BEGOT GSO 113952	250.00		250.00
Escondido - SAT We Not Me Group 730PM	733.00		733.00
Escondido - SAT Womens SYOA Group	150.00	60.00	210.00
Escondido - SUN 730 PM Speakers at ACE	1.87		1.87
Escondido - SUN 930AM Taxicab	145.71		145.71
Escondido - Sunday Morning Paper	263.05		263.05
Escondido - THU 615PM Women's 12x12 GSO 145426	150.00		150.00
Escondido - THU Living Room 12 & 12 Group	406.00		406.00
Escondido - TUE 6PM at Alano Club	274.90		274.90
Escondido - TUE 6PM Women's As Bill Sees It	458.00	10.00	468.00
Escondido - TUE Noon at Alano Club	72.85		72.85
Escondido - WED 6PM at ACE	101.00		101.00
Escondido - WED Noon As Bill Sees It	310.00	9.81	319.81
Escondido ACE Online #2	100.00		100.00
Escondido Daily Reflections #715620	237.00		237.00
Escondido -THU 6PM Mix At Six	88.00		88.00
Fallbrook - FRI Goat Barn Group #371640	600.00		600.00
Fallbrook - FRI Noon Happy Hour at Community Baptist	143.00	30.00	173.00
Fallbrook - Men's We R Not Saints WED 730PM #133736	260.00		260.00
Fallbrook - SUN 8 AM Steps 1-2-3 at FPUD 168661	322.55		322.55
Fallbrook - THU Noon at Hilltop	60.00		60.00
Fallbrook - TUE 630PM Men's Step Study at Hilltop Center GSO 722630	381.53		381.53
Group - 149444	53.00		53.00
Group - 3PM Zoomers	20.78		20.78
Group - 630869	40.00		40.00

GROUP CONTRIBUTIONS	Thru Prior Month	FEB	FYTD TOTAL
Group - 698543	48.06		48.06
Group - 719934	262.50		262.50
Group - 725500	27.82		27.82
Group - LGBTQ and Friends	43.09		43.09
Group - North County Women's Literature Study	138.16		138.16
Group - Ocean Air Nooner	155.70		155.70
Group - Riding Sober	39.95		39.95
Group - THU Night Zoomers #000440871	203.01		203.01
Group - Tidewater	25.91		25.91
Group Online "52 Weeks"	25.91		25.91
Group Online TUE 6PM Closed Women As Bill Sees it	10.52		10.52
Group Online Women's - Letting Go	29.81		29.81
Julian - TUE 6PM Sisters in Recovery #660727	25.00		25.00
La Costa 12 Steps and Traditions	110.00		110.00
La Costa MON 7PM Womens #705535	-	56.00	56.00
La Costa THU 8PM at St Elizabeth Seton Catholic Church #639000	41.85		41.85
Leucadia - Six Step House Daily Meetings	1,500.00		1,500.00
Oceanside - Camelot Fellowship	2,500.00		2,500.00
Oceanside - Chip-in Group TUE 7PM #141126	363.82		363.82
Oceanside - Girls With Gratitude THU 630PM	60.00		60.00
Oceanside - Ken's Garage (Men's) Group	505.50	234.12	739.62
Oceanside - MON 7PM Tri-City Recovery	35.00		35.00
Oceanside - MON 8PM 12&12 at King of Kings 101714	431.00		431.00
Oceanside - MON Men's at St. Margaret's	120.00		120.00
Oceanside - SAT 11AM at NCAC	400.00		400.00
Oceanside - South Oceanside Men's WED 730PM #100636	497.43		497.43
Oceanside - SUN 7PM at NCAC	154.00	80.00	234.00
Oceanside - TUE Beginners at Immanuel	89.60		89.60
Oceanside - WED 5PM SOS Big Book Study	60.00	60.00	120.00
Oceanside - WED 7PM Womens Singleness of Purpose #712613	668.15		668.15
Oceanside Daily Noon Brown Baggers (NCAC) 100836	250.00		250.00
Oceanside Freethinkers Zoom	30.00		30.00
Oceanside FRI Noon Brown Bagger at NCAC	243.31		243.31
Oceanside MON Ladies Book of Choice Meeting #299393	-	50.00	50.00
Oceanside SUN 11AM Discussion NCAC	125.00		125.00
Oceanside THU Noon Brown Bagger at NCAC	136.50		136.50
Oceanside TUE 7AM Big Book (NCAC)	165.00		165.00
Oceanside WED Noon - Stools and Bottles at NCAC	-	51.54	51.54
Oceanside WED Noon - Stools and Bottles at NCAC	51.54		51.54
Oceanside Women's 12x12 Study #338069	300.00		300.00
Olivenhain SUN 5pm Closed Men's Earlybirds	312.66		312.66
Pauma Valley - WED 7PM Red Trail Group 697921	100.00		100.00
Poway - FRI Noon Acceptance at St. Bart's	412.20		412.20
Poway - Fresh Start at St. Bart's Keeping It Simple	292.54		292.54
Poway - MON 930 AM Womens Here And Now Group 124993	328.23		328.23
Poway - SUN 9AM Men's Sunday Morning	556.37	174.31	730.68
Poway - TUE 730PM Men's Group 145339	351.56		351.56
Poway - Womens Winner Winner Chicken Dinner GSO 725344	225.00		225.00
Poway Freedom of Choice Big Book Study #157949	50.00		50.00
Poway FRI 10AM Women's Way Thru The 12 Steps	210.00	173.00	383.00
Poway FRI 5pm Alive Again #367094	30.00		30.00
Poway MON Night Men's	461.76		461.76
Poway SAT Morning Sisters in Recovery	150.00		150.00
Poway SAT Morning Women's Discussion	296.36		296.36
Poway SUN 7AM at PAC	307.93	277.16	585.09



GROUP CONTRIBUTIONS	Thru Prior Month	FEB	FYTD TOTAL
Poway THU 6PM Steppin out with the Ladies	106.40		106.40
Poway TUE Old School Men's	-	33.50	33.50
Poway Women Seeking Solutions #640365	209.49		209.49
Ramona Backwoods Revival	60.00	60.00	120.00
Rancho Bernardo - MON Noon Men's HALT	160.00		160.00
Rancho Bernardo - MON Women's Big Book MON 730PM	-	175.70	175.70
Rancho Bernardo - San Rafael Disc. FRI 7AM	70.00		70.00
Rancho Bernardo - TGIF at 8PM Group 136313	243.74		243.74
Rancho Bernardo THU 7PM As Bill Sees It (619740)	229.00		229.00
Rancho Bernardo-TUE Women Seeking Solutions #640365	-	136.00	136.00
Rancho Santa Fe - Just the Black Print (713516)	1,367.20		1,367.20
Rancho Santa Fe - MON 7PM Big Book Disc Group	286.20		286.20
Rancho Santa Fe FRI Beginners (163076)	202.80		202.80
Rancho Santa Fe THU Noon Prof Women 169665	168.50		168.50
Rincon Friday Night Carry the Message	137.00	250.00	387.00
Rincon Res - Step Study at Fire Station GSO 723004	150.00		150.00
San Marcos - Avalon One TUE 7PM GSO 163394	103.50		103.50
San Marcos - Discovery Group SAT 3PM at St. Mark's	100.00		100.00
San Marcos - FRI Nite Problems & Solutions	-	120.00	120.00
San Marcos - Men's WED 630 PM Blind Leading the Blind #652308	101.25		101.25
San Marcos - MON 7PM Rose Ranch	560.14		560.14
San Marcos - MON Night Rose Ranch Men's #172523	243.50		243.50
San Marcos - MON Noon Promise of a New Day #664247	247.00		247.00
San Marcos - SAT Night Speakers	1,250.00		1,250.00
San Marcos - SUN 10AM Daily Reflections GSO 100813	400.00		400.00
San Marcos - SUN Misfits Women's (684196)	259.80		259.80
San Marcos - TUE 7PM "Out of the Woods" Book Study #712487	259.24	55.00	314.24
San Marcos - TUE Sunset Sisters	612.30		612.30
San Marcos - WED "The Readers" at Panorama Center	200.00		200.00
San Marcos - WED Noon Stick Meeting	520.00		520.00
San Marcos FRI Waterworks 12&12	117.00		117.00
San Marcos MON 7AM Broken Yolk	15.00	5.00	20.00
San Marcos TUE Rose Ranch Men's 8 PM	245.35	99.82	345.17
Shelter Valley - Keep It Simple MON 11AM	60.00		60.00
Solana Beach - Belly Up 3rd Tradition 7AM M-F	8,066.53	1,216.84	9,283.37
Sorrento Valley Nooners	593.53		593.53
Valley Center - 2nd SUN Rovers Welcome Home Group	98.00		98.00
Valley Center - MON 7PM Slow Learners BBSG (689359)	106.33		106.33
Vista - Noon Solutions Online	350.00	200.00	550.00
Vista - THU Women Living in the Solution Group 161663	277.73		277.73
Vista - Came to Believe TUE 630PM	1,140.00		1,140.00
Vista - MON 730pm Men's - Filling Station (STEPS)	750.00		750.00
Vista - SUN 10AM at Gas & Steam Museum	50.40		50.40
Vista - SUN 6pm Women's Literature Study #772316	64.20		64.20
Vista - THU Robber's Roost Men's Group	1,200.00	600.00	1,800.00
Vista - WED 630PM Free Thinking Women 714985	-	25.00	25.00
Vista Daily Came To Believe at Emmanuel Bible Church	230.75		230.75
Vista FRI Sunset Speakers	600.00		600.00
Vista MON Discussion GSO 148993	135.52		135.52
Vista SAT Women's Hope & Gratitude #719934	560.00		560.00
Vista TUE 6 PM Womens 12x12 at Steps	330.66		330.66
Vista TUE 6pm Not So Tipsy	150.00		150.00
Total	77,306.24	5,953.02	83,259.26

# Local Events and Other Notices

## 43<sup>rd</sup> Annual North County AA Traditions Breakfast March 19<sup>th</sup>, 2023

### 43rd Annual North County Intergroup Traditions Breakfast



Sunday, March 19, 2023

at the beautiful  
California Center for the Arts  
340 North Escondido Blvd.  
Escondido, CA 92055

Directions & Map Info

<https://artcenter.org/about/directions-maps-parking/>



Doors Open at 8:00am ~ Breakfast Served at 9:00am  
No Tickets Sold At The Door

**SPEAKER: Michealine F. from Escondido**

ASL Interpretation Available

Tickets Prices Remain Same As Last Year

Visit or Call Central Office at 760-758-2514

Singles \$30 per and Tables of 10 \$300 per



### Buffet Menu

Fluffy Scrambled Eggs	Sliced Seasonal fresh Fruit
Crispy Bacon & Sausage	Danish and Muffins
Breakfast Potatoes	Coffee & Juice

Sobriety Countdown & Opportunity Drawing      We are not a glum  
Newcomer Book Gift      Baskets      lot...

## The 46<sup>th</sup> Annual Spring Roundup April 6<sup>th</sup> – 9<sup>th</sup>, 2023



### 46th San Diego Spring Roundup

Live from the Town and Country Hotel

April 6-9, 2023

Online reservation and pricing available NOW!!!  
[www.SanDiegoSpringRoundup.com](http://www.SanDiegoSpringRoundup.com)



### RESERVE YOUR HOTEL ROOM EARLY

Early Bird Registration \$40 until 3/23/2023 • Registration after 3/23/2023 \$45

**Bundle Package (Ice Cream Social, Spiritual Breakfast & Banquet Dinner)**  
\$160 (Savings of \$15)

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> AA Discussion Meetings | <input type="checkbox"/> AI-Anon Marathon Mtgs | <input type="checkbox"/> Archives Room         |
| <input type="checkbox"/> AA Marathon Meetings   | <input type="checkbox"/> Spanish AA & AI-Anon  | <input type="checkbox"/> Variety Show/Dance    |
| <input type="checkbox"/> AA Workshops           | <input type="checkbox"/> Panels                | <input type="checkbox"/> Yoga/Group Meditation |

### SPORTING/RECREATION EVENTS

**Comedian and Ice Cream Social** \$35  
Thursday : 7:00 PM

Contact: [sdsruentertainment@gmail.com](mailto:sdsruentertainment@gmail.com)

**1/2 Day Deep Sea Fishing Trip** \$75

Friday : Check in 8:00 AM

Contact: [sdsrurfishing@gmail.com](mailto:sdsrurfishing@gmail.com)

**Golf Tournament - Riverwalk Golf Club** \$150

Friday : Check in 7:00 AM, Tee Time 8:00 AM

Contact: [sdsrugolfchair@gmail.com](mailto:sdsrugolfchair@gmail.com)

**5K and 10K Fun Run/Walk** \$30

Saturday : Check in 6:15 AM, Run 7:00 AM

Contact: [sdsrunwalk@gmail.com](mailto:sdsrunwalk@gmail.com)

**Poker Run - Motorcycle Ride** \$30

Saturday, check in 10:00 AM, Kickstands up 10:30 AM

Contact: [sdsrunmotorcycle@gmail.com](mailto:sdsrunmotorcycle@gmail.com)

### Why do I have to pay

Conferences are events, not regular meetings. They require months of planning, preparation and money. Since the event is held in a hotel there are charges for the use of the facility. The hotel also requires the event to purchase food. There are also expenses for travel and lodging for the speakers. Additionally there are other expenses such as printing, supplies and postage. The Round Up is self-supporting, they do not take money from any AA groups and no 7<sup>th</sup> tradition is passed.

### Want to sit together

PICK UP TICKETS AT PRE-REGISTRATION

IF YOU WANT TO SIT TOGETHER CONSIDER BUYING A TABLE OF 10 SEATS FOR THE BANQUET EVENTS SO YOU CAN SIT WITH YOUR FRIENDS

Tables are assigned by invoice number. Want a great table?

Register Very Early

### VOLUNTEERS NEEDED

Want to be a VOLUNTEER at the Round Up? Check the "Volunteer" box on your REGISTRATION FORM.

NOTE: You must be registered to be a volunteer. If you have questions about volunteering, please contact [edsruvolunteers@gmail.com](mailto:edsruvolunteers@gmail.com)

☑ Check here if you would like to VOLUNTEER

The following is a new Business Committee 12 Steps Idea Flyer:

## Attention Groups

At the January intergroup meeting, the business committee explained that Central Office has excess funds in its checking account. Guidelines say that when excess occurs, we need to present an action plan to lower the surplus.

We are looking to groups and members for ideas on how to achieve our goals of helping the alcoholic who still suffers. We know that the Business Committee does not know all ways to reach someone that needs our help and are looking to members for new ways to be there.

Here are some ideas presented, please add your ideas to list. Please use ASK picture icon (BELOW) on Intergroup website, [ncsandiegoaa.org](http://ncsandiegoaa.org), to submit suggestions (select Business Committee for your feedback).

1. Purchase x number of Grapevine/La Vina subscriptions for North County physicians, clergy, mental health professionals, or others who come across people with drinking problems.
2. Host separate breakfast or lunch events for clergy, lawyers, doctors, military, mental health professionals, police, etc.
3. Underwrite the distribution of pertinent literature to school nurses/social workers/teachers, etc.
4. Distribute and regularly re-stock pamphlet distribution to non-profit health care clinics throughout North County. This might involve collaboration with the North County Spanish Central Office.
5. Contact the North County LGBTQ Center to get on the radar for PRIDE next year. I believe there is also a PRIDE event in Escondido, and possibly in other North County locations.
6. Place a communication in the READER, THE PAPER, COASTAL DISPATCH, MILITARY TIMES, and other publications are widely distributed in North County.
7. Central office speaker meeting with adjustments to make it more public information focused.
8. Meet with NSDYPAA to discuss getting young people involved in 12 step ideas and new ways to reach younger people.
9. Workshop to discuss safety in meetings for new members. This includes sexual advances as well as members taking advantage of financial issues of new people. Signs for old-timers notice and intervene.
10. Twelfth-Step workshop to have members learn and discuss service opportunities in AA.

