

*April*  
2023



Step 4 Made a searching and fearless moral inventory of ourselves.


Tradition 4 (Short Form) Each group should be autonomous, except in matters affecting other groups or AA as a whole.

Concept 4 At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

Download the Viewpoint:  
[ncsandiegoaa.org/viewpoint](https://ncsandiegoaa.org/viewpoint)

To receive the Viewpoint by email:  
[vpsubscription@ncsandiegoaa.org](mailto:vpsubscription@ncsandiegoaa.org)



Personal Story—The Fourth Step Inventory Process	Page 1	<h2 style="text-align: center;">The Fourth Step Inventory Process</h2> <p style="text-align: center;">I Got it Right the Second Time By Rick R.</p> <p>My first attempt at doing a fourth step inventory came as I was approaching my first year of sobriety. I now realize that I was rushing into it before I understood what the objective was and after scribbling down a great number of superficial deeds that I had done during my drinking days, my project was abruptly interrupted by a flight to Asia and a four-month vacation aboard a Navy tanker in the Tonkin Gulf Yacht Club, (being in the Navy at the time.) I didn't have the opportunity to get to a single meeting during that time, but I did have a lot of quiet nights at sea where I contemplated my life before Alcoholics Anonymous (A.A.), and what I was going to do with the rest of my life. It was during that time that I decided, By God; I wasn't going to mess this thing up. I was going to do it by the book. I longed to be back in the safety of that very loving group that I left four months earlier. I knew that with their love and support I could get it right, I realized, as I was studying steps six it says, "We were entirely ready to have God remove all these defects of character" and in step seven, it says "Humbly ask him to remove our shortcomings". To me that means, in Step Four, I should be trying to identify my defects of character and my Shortcomings.</p> <p>The example of this step in the Big Book (Alcoholics Anonymous) shows a chart which describes, what we did, why we did it, (fear of something) and who we did it to. It occurred to me that if I could identify the root cause of my problems (defects/fears) that I could change the behavior that resulted from those actions. (shortcomings)</p> <p style="text-align: right;"><i>(Continued on page 5)</i></p>
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<p><b>North County Central Office</b> 1020 S. Santa Fe Ave. Suite B Vista, CA 92084</p> <p>Ph: 760-758-2514 or Email <a href="mailto:office@NCsandiegoAA.org">office@NCsandiegoAA.org</a></p> <p>WWW: <a href="https://ncsandiegoaa.org">NCsandiegoAA.org</a></p> 		

# North County Intergroup Association of A. A.

## Meeting Minutes April 12, 2023

### Date / Time:

The monthly meeting of the Intergroup Committee was called to order by the Chair Tom C. at 7:03 PM. (Zoom Id: 318 406 912). We opened the meeting with the Serenity Prayer.

### Attendance:

Chair, Tom C., Co-Chair Mike L., Secretary Jay M., Office manager Liz H.

### Traditions:

Read by Heather.

### Prior Month's Minutes: Jay M. (760) 207-3726 E-Mail: [JayM@ncsandiegoaa.org](mailto:JayM@ncsandiegoaa.org)

Read by Jay M., Minutes were approved as read

### Financial Report: Valerie M. (760) 585-6771 E-Mail: [ValerieM@ncsandiegoaa.org](mailto:ValerieM@ncsandiegoaa.org)

The month-end financial report, was presented by Valerie M.. March revenue \$6,664.01, expenditures \$11,627.39, net loss of \$4,342.78, net income year to date \$1,530.12. Question was asked if loss was expected to be normal, it was explained that higher expenses this month due to a third payroll period were partially responsible for loss. Report was approved as presented. The Prudent Reserve at March 2023 month end was 8.4 months, YTD Prudent reserve 10.6 months. (financials attached)

### Central Office Report: Liz H. (760) 758-2514 E-Mail: [LizH@ncsandiegoaa.org](mailto:LizH@ncsandiegoaa.org)

Liz H. reported that expenses were up due to additional pay period.

Book prices will not go up as long as books ordered at lower rate are in stock.

Volunteers needed for Central Office: Monday 1-5 for first and third week. Monday 9-1 Second and fourth week. Also, volunteers are needed for 12<sup>th</sup> Step call list.

### Public Information: Caroline H. (404) 435-0900 E-Mail: [CarolineH@ncsandiegoaa.org](mailto:CarolineH@ncsandiegoaa.org)

Caroline is looking for volunteers to form a speakers list for professionals and schools, as requested. For high schools, younger people will have better appeal. Also need people to staff booths at health fairs and street fairs to answer questions and give information about AA to the public. Lastly, we have literature racks, currently in libraries but looking to expand, and need people in geographical area to refill regularly.

### Telephone Committee: Laura C. (760) 271-1739 E-Mail: [LauraC@ncsandiegoaa.org](mailto:LauraC@ncsandiegoaa.org)

Laura C. reported that volunteers are needed for the following phone shifts: Second Saturday 6 am to 9 am and 5<sup>th</sup> Sunday 9am to 1 pm are available shifts. Please announce and let people know she also is trying to get more people on back up/waiting list.

Team Captain for Friday shifts has been filled and they need a new Team Captain for Tuesdays.

Laura also asked for volunteers for 12<sup>th</sup> Step list maintained at Central Office.

**Archives Committee: Danny O. (619) 884-7272 E-Mail: [DannyO@ncsandiegoaa.org](mailto:DannyO@ncsandiegoaa.org)**

Danny O. had no report...

**Outreach Committee: Margaret T. (760) 504-5706 E-Mail: [MargaretT@ncsandiegoaa.org](mailto:MargaretT@ncsandiegoaa.org)**

Need a chairperson for the outreach committee. Outreach visits groups in North County which do not have Intergroup reps and tries to get reps. Suggested sobriety 2 years. Call Central Office for info.

**NCH&I Committee: Hew B. (424) 302-9809 email: [NorthCountyHandI@gmail.com](mailto:NorthCountyHandI@gmail.com)**

Green can contributions \$306.00, group contributions \$560.13, total \$862.13, expenses \$873.09, net loss \$10.96. YTD loss \$1,919.08. Prudent reserve is 4,530.44

They are looking for bi-lingual volunteers for Spanish speaking meetings - Call Rodrigo at 760-596-0813.

Looking for books –go the ncHandI.org.

H&I Conference at Holiday Inn in La Mirada May 5-7, 2023

Summer Service fair in June – details to come

Orientation is 3<sup>rd</sup> Saturday of month at Oceanside Alano at 9 am.

**Area Assembly: Linda R (760) 815-0207 E-Mail: [LindaR@ncsandiegoaa.org](mailto:LindaR@ncsandiegoaa.org)**

Linda reported that next Area Committee meeting is April 20.

Pre-Conference Assembly was held 4/1, agenda items were discussed in round tables and new GSRs learned about the process of an assembly. Post conference assembly is May 20<sup>th</sup> at 1<sup>st</sup> Methodist Church, San Diego.

Area is putting together a bid for Regional Forum in 2026. Details to come.

**Business Committee: Tom C. (760) 720-5339 E-mail: [bizcommittee@ncsandiegoaa.org](mailto:bizcommittee@ncsandiegoaa.org)**

#### **Old Business:**

Traditions Breakfast lost \$5,491.43. Cost of food went up and ticket prices were not changed from last year.

CD's should be in place Monday 4/17. 4 CD's of varying maturities will be opened.

Budget for next fiscal year is almost complete and will be presented to Business Committee next month.

#### **New Business:**

Pride by the Ocean will be 6/3 and North County PI will have a booth for the public.

Traditions Breakfast for 2024 tentatively scheduled 3/17/24.

North County Anniversary meeting scheduled for August 22, 2023

Suggestion was made to add an events coordinator to standing committees. Motion needs to be formalized and presented to Intergroup for three meetings before vote to add to guidelines.

**Elections:** None.

#### **Announcements and questions:**

Member asked for clarification of surplus funds. Due to March losses, surplus funds have gone down.

Suggested cash on hand should be about \$27,000, three month expenses. Leaving \$12,000 surplus funds.

In attendance: 24 representatives on zoom; 15 in person; 8 new reps

Meeting adjourned at 7:52 pm. Next Intergroup is April 12, 2023 at 7 pm.

# THANK YOU

**APRIL & MAY**

## **VOLUNTEERS at CENTRAL OFFICE**

Mon.

Tue.

Wed.

Thu.

Fri.

Sat.

John L.

Jimbo G.

Bob K.

Janine T. Tom C.

Joy T. Kelly S.

Alvenus M. Laurie R.

Dan W.

Mike C.

Jean H.

Billy Q.

Steve G.

Mary M. Barney C.

Kathleen S. Valerie M.

Valerie M. Deborah

Tom C. Lisa F.

## AVAILABLE AT CENTRAL OFFICE

**A.A.  
PREAMBLE**

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

**I Am  
RESPONSIBLE...**

When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.

**A DECLARATION  
OF UNITY**

This we owe to A.A.'s future;  
To place our common welfare first;  
To keep our fellowship united.  
For on A.A. unity depend our lives,  
And the lives of those to come.

## NORTH COUNTY H&I NEWS

H&I Orientation each month is on the 3<sup>RD</sup> Saturday 9am - 9:45am and is followed by the Business Meeting from 9:45 am - 11am at the North County Alano Club 4198 Mission Ave, Oceanside, CA 92057

### Chair Announcements

Current H&I Coordinators and Panelists are asked to Check In with Facilities Chairs / If Literature is needed Please Log On to <https://nchandi.org/resources> To Put in Orders or Text or Call NCH&I Librarian Andrew @ 760.978.1539

Spanish Speaking AA Panels are Available in North County Spanish - English Bilingual Please Contact - Rodrigo @760.586.0813

Financials for April 2023  
Green Can Donations 302.00  
Group Donations 560.13  
Total Income 862.13  
Gross Profit 862.13

Beginning Bank Balance 3/1/23 12,116.60  
Ending Bank Balance 3/31/23 12,105.64  
Difference (10.96)  
Calculated Prudent Reserve 4,530.44

[40th Annual Southern California H&I Conference](https://www.socalhandi.org/southern-california-hi-conference/) - May 5 - May 7 Holiday Inn, La Mirada, CA 14299 Firestone Blvd, La Mirada, CA  
<https://www.socalhandi.org/southern-california-hi-conference/>

Questions: Please Contact Hew B. Chairperson at 424.302.9809 or [Chairperson@nchandi.org](mailto:Chairperson@nchandi.org)

**(Fourth Step Process, Continued)**

To explain this in simple terms, I produced this scenario that anyone could understand, and it goes like this. I purchased a large S.U.V. off the showroom floor, drove away and, at the first signal light, I hit the brakes and it didn't stop till I was out into the cross traffic. I drove back to the dealer and explained what happened. They checked it out and discovered that they had put the wrong brake shoes on it by mistake, they replaced them with to the correct brakes and when I came to the signal light the S.U.V. stopped, and it stopped at all the other stop lights as well. The defect (root cause) was that the brakes were the wrong size. The shortcoming (behavior) was that the vehicle did not stop properly. Once the defect was corrected, the shortcoming went away. For example, I was talking to one of my mentors, at that time, about criticizing other people and he said that the criticism of others stems from my own, low self-esteem (defect) it occurred to me that, with a little self-restraint, I could slowly refrain from that behavior. Once I identify my defects of character, it seems to take all the power out of them, for instance, if I could find any value in criticizing another person, I might still be doing it but there is no value in it except to feed my ego and it shows weakness of character. (Low self-esteem)

I used that template on all the behaviors, that I'm not proud of, and I feel stronger for it. That four months at sea gave me gave me the motivation to re-visit the fourth step and get it right the second time around and I highly recommend the revisiting that step if you feel troubled by old behaviors. It did wonders for me.

\* \* \* \* \*



## The After-Hours Phone Committee Needs Volunteers To Help Cover The 24/7 Hotline

The North County Central Office phones are a lifeline for alcoholics and family members in need of help.

The **after-hours phone committee** takes over when the office is closed, making sure the hand of AA is there 24/7.

### Phone Committee Service Opportunities

#### 12-Step-Call Volunteers

- Men and women 12-Step-Call Volunteers are needed for North San Diego County

Requirement: One year of sobriety, completed training

#### After-Hours Phone Volunteers

- Shift openings are available on **Saturday, Sunday, and Monday**
- Trained volunteers willing to step in as a **substitute** when unexpected circumstances are presented.

Requirement (Suggested): One year of sobriety, completed training

**Training Sessions** are held every month on the 3rd Saturday via Zoom

**Upcoming Training Dates:**  
April 15th  
May 20th  
1:30 PM

**For more information**  
Contact the Central Office at (760) 768-2614 or Phone Committee Chairperson, Laura Conlon, at (760) 271-1738

**Financial Highlights (FYTD)  
July 2022 - June 2023**

	Jul 2022	Aug 2022	Sep 2022	Oct 2022	Nov 2022	Dec 2022	Jan 2023	Feb 2023	Mar 2023	FYTD Actuals
<b>Summary</b>										
Total Sales	2,750	2,334	2,894	3,094	2,676	2,643	2,903	2,380	3,836	25,511
Total Cost of Goods Sold	2,472	2,094	2,469	2,731	2,474	2,171	2,543	1,955	3,216	22,126
Gross Profit on Sales	279	239	425	363	202	471	360	425	621	3,385
AA Group Contributions	12,686.2	7,741.3	8,529.0	8,573.7	13,921.1	9,858.9	15,996.0	5,953	4,673	87,932
AA Member Contributions (Net)	780.4	387.3	308.2	398.2	265.9	1,306.5	421.0	472	524	4,863
Traditions Breakfast (Net)	-	-	-	-	(624.9)	(3,016.2)	(2,381.1)	(918)	1,449	(1,491)
Anniversary Meeting (Net)	-	157.4	-	-	-	-	-	-	-	157
Misc ~ Bank Interest Earned	7.8	9.9	16.5	5.2	5.6	7.9	8.2	8	18	87
Total Other Revenue	13,474	8,296	8,854	8,977	13,568	8,157	14,044	5,514	6,664	91,548
Total Revenue	13,753	8,535	9,279	9,340	13,770	8,628	14,404	5,940	7,285	94,933
Total Expense	8,416	8,379	13,358	8,651	11,520	8,808	9,801	8,843	11,627	89,402
Monthly Net Profit or (Loss)	5,337	156	(4,079)	689	2,250	(179)	4,603	(2,903)	(4,343)	5,531
FYTD Net Profit or (Loss)	5,337	5,493	1,414	2,103	4,353	4,174	8,777	5,874	1,531	

**Prudent Reserve Status**

	Jul 2022	Aug 2022	Sep 2022	Oct 2022	Nov 2022	Dec 2022	Jan 2023	Feb 2023	Mar 2023	FYTD Average
<b>Total Savings / Current Month</b>										
<b>Operating Cost</b>										
Money Market Account	35,244	35,246	35,247	35,249	35,250	35,252	35,253	35,255	45,316	36,368
CD #9689 (Closed MAR 2023)	10,049	10,049	10,054	10,054	10,054	10,054	10,054	10,054	-	8,936
CD #1729 15 MO (11/21/2023)	10,219	10,220	10,221	10,222	10,224	10,225	10,226	10,228	10,229	10,224
CD #1737 15 MO (11/21/2023)	20,421	20,425	20,428	20,428	20,431	20,433	20,436	20,439	20,444	20,432
CD #0895 15 MO (01/29/2024)	21,456	21,459	21,464	21,467	21,467	21,470	21,472	21,475	21,480	21,468
Total Prudent Reserve Funds	97,389	97,399	97,415	97,421	97,426	97,434	97,442	97,450	97,468	97,427
Current Month's Operating Expense	8,416	8,379	13,358	8,651	11,520	8,808	9,801	8,843	11,627	9,934
Number of Months in Reserve Fund	11.6	11.6	7.3	11.3	8.5	11.1	9.9	11.0	8.4	9.8

**A.A. Group Contributions - FYTD March 2023**

GROUP CONTRIBUTIONS	Thru Prior Month	MAR	FYTD TOTAL
Bonsall Burning Embers	411		411
Borrego Springs - SUN 11AM Spiritual Progress at Senior Center	90		90
Camp Pendleton - FRI Dry Dock 20 (SARP)	20		20
Camp Pendleton - WED Tag Team	20		20
Cardiff - Back to Basics 7AM M-W-F #94406 (was 614661)	1,605	158	1,762
Cardiff - Friday Happy Hours	524		524
Cardiff - Ki's Weekender	1,527		1,527
Carlsbad - MON Night Step A Month Study Group 158720	728		728
Carlsbad - SAT 9AM Women Living In Recovery	708		708
Carlsbad - Sobriety Rocks 830 AM Daily Reflection 705313	3,900		3,900
Carlsbad SUN Poinsettia Reflections	-	198	198
Carlsbad - Sobriety Rocks SAT Night	658		658
Carlsbad - Step Sisters FRI 630PM at New Song Church	386		386
Carlsbad - WED Night Women Living in the Solution #125405	533		533
Carlsbad 7AM Daily Zoomhouse	75		75
Carlsbad SAT 4PM Calavera Park	213		213
Carlsbad TUE Men's Group at Heritage Hall	560	308	868
Carlsbad Village People AA Zoom Group	774		774

GROUP CONTRIBUTIONS	Thru Prior Month	MAR	FYTD TOTAL
Del Mar - Men's God or Vodka 691188	2,142		2,142
Del Mar - Sunday (121575)	597		597
Encinitas - Cottonwood Creek Park SUN 830AM	215		215
Encinitas - FRI 10AM Women's 12x12 Book Study 658941	233		233
Encinitas - FRI 630PM Balour Women's Step Study	97		97
Encinitas - FRI 730pm 11th Step Meeting	260		260
Encinitas - FRI 7AM Women's Step Study at Swami's Cafe	385		385
Encinitas - Glen Park WED-SUN 730AM	661		661
Encinitas - MON Nite Big Book Study	240		240
Encinitas - MON Women Living In The Solution #144963	424		424
Encinitas - Monday North Costal Women's	1,148		1,148
Encinitas - San Dieguito Fellowship (aka 2nd St)	500		500
Encinitas - SAT 8 AM Women of Olivenhain Group 652027	521	52	573
Encinitas - SAT Surf Dogs #989954	-	596	596
Encinitas - SAT Dr Bob's V	54		54
Encinitas - SUN 630 PM Women's 11TH Step Meditation	275		275
Encinitas - THU Women's Roving AA Group 166964	169		169
Encinitas - TUE 7 PM North Coastal Men's 686387	993		993
Encinitas - TUE Night Men's (691466)	846	100	946
Encinitas - WED 10AM Women's Love & Tolerance	379		379
Escondido - ACE Zoom Nightly 6'er	984	147	1,131
Escondido - Alano Club (ACE)	100		100
Escondido - Attitudes 7AM Daily In Person	6,006		6,006
Escondido - Attitudes 7AM Daily on Zoom	3,200		3,200
Escondido - FRI 6PM at Alano Club (ACE)	-	100	100
Escondido - FRI 8PM Candlelight at ACE	5		5
Escondido - Grass Roots AA WED Noon	120		120
Escondido - Lounge Lizards Men's FRI 730PM	194		194
Escondido - Men's Misfits Book Study WED 7PM	1,608		1,608
Escondido - MON 10AM BB and 12 & 12 Study	35		35
Escondido - MON 6PM Women's Book Study on Zoom	117		117
Escondido - MON Noon Lunch Bunch	150		150
Escondido - MON Women's Zoom Speaker	290	260	550
Escondido - SAT 10AM Women's "A New Beginning" GSO 162446	367		367
Escondido - SAT 10PM The Nest LGBT & Allies at ACE	2		2
Escondido - SAT BEGOT GSO 113952	250		250
Escondido - SAT We Not Me Group 730PM	733		733
Escondido - SAT Womens SYOA Group	210		210
Escondido - SUN 730 PM Speakers at ACE	2		2
Escondido - SUN 930AM Taxicab	146		146
Escondido - Sunday Morning Paper	263		263
Escondido - THU 615PM Women's 12x12 GSO 145426	150		150
Escondido - THU Living Room 12 & 12 Group	406		406
Escondido - TUE 6PM at Alano Club	275		275
Escondido - TUE 6PM Women's As Bill Sees It	468	10	478
Escondido - TUE Noon at Alano Club	73		73
Escondido - WED 6PM at ACE	101		101
Escondido - WED Noon As Bill Sees It	320		320
Escondido ACE Online #2	100		100
Escondido Daily Reflections #715620	237		237
Escondido -THU 6PM Mix At Six	88		88
Fallbrook - FRI Goat Barn Group #371640	600		600
Fallbrook - FRI Noon Happy Hour at Community Baptist	173		173
Fallbrook - SAT 10AM at Hilltop	-	32	32

GROUP CONTRIBUTIONS	Thru Prior Month	MAR	FYTD TOTAL
Fallbrook - Men's We R Not Saints WED 730PM #133736	260		260
Fallbrook - SUN 8 AM Steps 1-2-3 at FPUD 168661	323	200	523
Fallbrook - THU Noon at Hilltop	60		60
Fallbrook - TUE 630PM Men's Step Study at Hilltop Center GSO 722630	382	150	532
Group - 149444	53		53
Group - 3PM Zoomers	21		21
Group - 630869	40		40
Group - 698543	48		48
Group - 719934	263		263
Group - 725500	28		28
Group - LGBTQ and Friends	43		43
Group - North County Women's Literature Study	138		138
Group - Ocean Air Nooner	156		156
Group - Riding Sober	40		40
Group - THU Night Zoomers #000440871	203		203
Group - Tidewater	26		26
Group Online "52 Weeks"	26		26
Group Online TUE 6PM Closed Women As Bill Sees it	11		11
Group Online Women's - Letting Go	30		30
Julian - TUE 6PM Sisters in Recovery #660727	25		25
La Costa 12 Steps and Traditions	110		110
La Costa MON 7PM Womens #705535	56		56
La Costa THU 8PM at St Elizabeth Seton Catholic Church #639000	42		42
Leucadia - Six Step House Daily Meetings	1,500		1,500
Oceanside - Camelot Fellowship	2,500		2,500
Oceanside - Chip-in Group TUE 7PM #141126	364		364
Oceanside - Girls With Gratitude THU 630PM	60		60
Oceanside - Ken's Garage (Men's) Group	740		740
Oceanside - MON 7PM Tri-City Recovery	35		35
Oceanside - MON 8PM 12&12 at King of Kings 101714	431	34	465
Oceanside - MON Men's at St. Margaret's	120		120
Oceanside - SAT 11AM at NCAC	400		400
Oceanside - South Oceanside Men's WED 730PM #100636	497		497
Oceanside - SUN 7PM at NCAC	234		234
Oceanside - TUE Beginners at Immanuel	90		90
Oceanside - WED 5PM SOS Big Book Study	120		120
Oceanside - WED 7PM Womens Singleness of Purpose #712613	668		668
Oceanside Daily Noon Brown Baggers (NCAC) 100836	250		250
Oceanside Freethinkers Zoom	30		30
Oceanside FRI Noon Brown Bagger at NCAC	243		243
Oceanside MON Ladies Book of Choice Meeting #299393	50		50
Oceanside SUN 11AM Discussion NCAC	125		125
Oceanside THU Noon Brown Bagger at NCAC	137		137
Oceanside TUE 7AM Big Book (NCAC)	165		165
Oceanside WED Noon - Stools and Bottles at NCAC	103		103
Oceanside WED Noon - Women's Handbag Meeting #606873	-	448	448
Oceanside Women's 12x12 Study #338069	300		300
Olivenhain SUN 5pm Closed Men's Earlybirds	313		313
Pauma Valley - WED 7PM Red Trail Group 697921	100		100
Poway - FRI Noon Acceptance at St. Bart's	412		412
Poway - Fresh Start at St. Bart's Keeping It Simple	293	300	593
Poway - MON 930 AM Womens Here And Now Group 124993	328		328
Poway - SUN 9AM Men's Sunday Morning	731		731
Poway - TUE 730PM Men's Group 145339	352		352



GROUP CONTRIBUTIONS	Thru Prior Month	MAR	FYTD TOTAL
Poway - Womens Winner Winner Chicken Dinner GSO 725344	225		225
Poway Freedom of Choice Big Book Study #157949	50		50
Poway FRI 10AM Women's Way Thru The 12 Steps	383		383
Poway FRI 5pm Alive Again #367094	30		30
Poway MON Night Men's	462		462
Poway SAT Morning Sisters in Recovery	150		150
Poway SAT Morning Women's Discussion	296		296
Poway SUN 7AM at PAC	585		585
Poway THU 6PM Steppin out with the Ladies	106		106
Poway TUE Old School Men's	34	178	211
Poway Women Seeking Solutions #640365	209		209
Ramona Backwoods Revival	120		120
Rancho Bernardo - MON Noon Men's HALT	160		160
Rancho Bernardo - MON Women's Big Book MON 730PM	176		176
Rancho Bernardo - San Rafael Disc. FRI 7AM	70		70
Rancho Bernardo - TGIF at 8PM Group 136313	244		244
Rancho Bernardo THU 7PM As Bill Sees It (619740)	229		229
Rancho Bernardo-TUE Women Seeking Solutions #640365	136		136
Rancho Santa Fe - Just the Black Print (713516)	1,367		1,367
Rancho Santa Fe - MON 7PM Big Book Disc Group	286		286
Rancho Santa Fe FRI Beginners (163076)	203		203
Rancho Santa Fe THU Noon Prof Women 169665	169		169
Rincon Friday Night Carry the Message	387		387
Rincon Res - Step Study at Fire Station GSO 723004	150		150
San Marcos - Avalon One TUE 7PM GSO 163394	104		104
San Marcos - Discovery Group SAT 3PM at St. Mark's	100		100
San Marcos - FRI Nite Problems & Solutions	120		120
San Marcos - Men's WED 630 PM Blind Leading the Blind #652308	101		101
San Marcos - MON 7PM Rose Ranch	560		560
San Marcos - MON Night Rose Ranch #172523	244	258	501
San Marcos - MON Noon Promise of a New Day #664247	247	180	427
San Marcos - SAT Night Speakers	1,250		1,250
San Marcos - SUN 10AM Daily Reflections GSO 100813	400		400
San Marcos - SUN Misfits Women's (684196)	260	160	420
San Marcos - TUE 7PM "Out of the Woods" Book Study #712487	314		314
San Marcos - TUE Sunset Sisters	612		612
San Marcos - WED "The Readers" at Panorama Center	200		200
San Marcos - WED Noon Stick Meeting	520		520
San Marcos FRI Waterworks 12&12	117		117
San Marcos MON 7AM Broken Yolk	20		20
San Marcos TUE Rose Ranch Men's 8 PM	345		345
Shelter Valley - Keep It Simple MON 11AM	60		60
Solana Beach - Belly Up 3rd Tradition 7AM M-F	9,283	641	9,925
Sorrento Valley Nooners	594		594
Valley Center - 2nd SUN Rovers Welcome Home Group	98		98
Valley Center - MON 7PM Slow Learners BBSG (689359)	106		106
Vista - Noon Solutions Online	550		550
Vista - THU Women Living in the Solution Group 161663	278		278
Vista - Came to Believe TUE 630PM	1,140		1,140
Vista - MON 730pm Men's - Filling Station (STEPS)	750		750
Vista - SUN 10AM at Gas & Steam Museum	50	150	200
Vista - SUN 6pm Women's Literature Study #772316	64	14	78
Vista - THU Robber's Roost Men's Group	1,800		1,800
Vista - WED 630PM Free Thinking Women 714985	25		25

GROUP CONTRIBUTIONS	Thru Prior Month	MAR	FYTD TOTAL
Vista Daily Came To Believe at Emmanuel Bible Church	231		231
Vista FRI Sunset Speakers	600		600
Vista MON Discussion GSO 148993	136		136
Vista SAT Women's Hope & Gratitude #719934	560		560
Vista TUE 6 PM Womens 12x12 at Steps	331		331
Vista TUE 6pm Not So Topsy	150		150
Total	83,259	4,673	87,932

## Upcoming Local Events and Other Notices

### NCIA San Diego & Neighboring Areas

Lake Henshaw, CA – 38th Annual Sober ‘n Crazy  
 May Day Madness May 5 - May 7  
 Pre-Registration Ends April 15  
 Complete Flyer at <https://aasandiego.org/wp-content/uploads/2023/01/Maydaymad23.pdf>

Indian Wells, CA June 8 thru 11 AA Desert Roundup  
<https://aasandiego.org/wp-content/uploads/2023/03/desertroundup23.pdf>



**A.A. DESERT ROUNDUP**  
 WITH AL-ANON PARTICIPATION  
 RENAISSANCE ESMERALDA RESORT & SPA  
**JUNE 8, 9, 10, 11, 2023**  
 INDIAN WELLS, CALIFORNIA



ONLINE REGISTRATION OPEN January 3rd through May 31st  
 TO REGISTER GO TO: [www.desertroundup.com](http://www.desertroundup.com)  
 A \$4 convenience fee is charged for all credit card purchases.

**GENERAL INFORMATION**  
 Sandy W. (760) 776-1066  
 Kathy R. (760) 832-2275



### Other Notices – Local / National

Akron, Ohio – 88th ANNUAL FOUNDERS' DAY  
 June 9, 10 & 11, 2023 (see <https://foundersday.org/>)

**88th Anniversary of Alcoholics Anonymous**  
 June 9, 10, & 11, 2023 | Akron, Ohio | Birthplace of A.A.

Please treat each meeting at Founders' Day as your own home group.

**ABSOLUTES**  
 ALL STATE, LOCAL AND/OR UNIVERSITY OF AKRON COVID-19 PROTOCOLS THAT ARE IN EFFECT AT THE TIME OF THE EVENT WILL BE ENFORCED AND UPHOLD ACCORDINGLY.  
 All pre-registration packets must be picked up by 6:00 p.m. Saturday. **NO EXCEPTIONS!**  
 Registration opens 8:00 a.m. Friday and Saturday. Picture I.D. is required.  
 2023 Name badges & ribbons must be worn ON CAMPUS and for admittance to all meetings.  
**NO EXCEPTIONS!**  
 All rooms, buildings, and stadium at The University of Akron are non-smoking.  
 NO VAPORIZE CIGARETTES permitted in ANY building.  
 Handicapped parking will be strictly enforced.  
 University police will ticket and tow all unauthorized vehicles parking in handicap spaces.  
 Violators will incur a fine of \$250.  
 No animals or campfires allowed in RV area.  
**NO ANIMALS ON CAMPUS, POLICE WILL ENFORCE.**  
 NO hover boards, skateboards, or roller blades permitted on campus.  
 No motorcycles allowed on the grass.  
 No beach balls at any meeting.  
 The Sunday morning motorcade to Dr. Bob's grave site is a conference event and as such, you must be registered to participate.  
 Credit cards will now be accepted for both onsite registration and in the literature room.

**SPECIAL NEEDS**  
 All meetings are wheelchair accessible.  
 Wheelchairs are not available on campus. You may bring your own.  
 Please contact the Founders' Day Committee with any special needs by May 15, 2023.

**ACCOMMODATIONS**  
 No incoming calls accepted at dorms.  
 No entry to RV sites until 8:00 a.m. on Friday morning. A permit is required prior to set-up.  
 No camping tents allowed.

**FOR THE SATURDAY NIGHT BIG MEETING, WE WILL ALL BE UNITED TOGETHER ON THE WEST SIDE ONLY IN THE UNIVERSITY OF AKRON INFOCISION STADIUM. STADIUM WEATHER CONTINGENCY PLAN - SEE WEB SITE. NO BEACH BALLS!**  
**THIS IS AN OPEN AIR STADIUM SO PREPARE ACCORDINGLY.**

**NO REFUNDS FOR BASIC REGISTRATION.  
 \$35.00 FEE FOR ALL PACKAGE PLAN CANCELLATIONS!**

**FOUNDERS' DAY 2023**

# **PUBLIC INFORMATION COMMITTEE**

## **IS LOOKING FOR VOLUNTEERS**

### **Speakers:**

Upon request, the committee provides speakers to schools (High School and College), churches, service clubs, professional association meetings, senior citizen centers, driving schools, etc. We are available to speak at events where the public gathers and where there is concern about alcohol abuse and Alcoholics Anonymous.

There are many myths and false beliefs about AA that this committee tries to discuss with the public. Veterans, Health Professionals, Attorneys, LGBTQ members and young people have special experience they can share, but any member can help.

### **Booths:**

We also provide a booth at public events such as Health Fairs or Street Fairs. These events take a number of people working 2 to 3 hour shifts.

### **Literature Racks:**

We have small 4-tier pamphlet racks of Alcoholics Anonymous literature available, at no cost, currently placed in libraries, Looking to expand the program. Need people to restock racks in geographic areas close to their homes or work.

**Caroline H. (404) 435-0900 E-Mail: [CarolineH@ncsandiegoaa.org](mailto:CarolineH@ncsandiegoaa.org)**

The following is a new Business Committee 12 Step Ideas:

## Attention Groups

At the January intergroup meeting, the business committee explained that Central Office has excess funds in its checking account. Guidelines say that when excess occurs, we need to present an action plan to lower the surplus.

We are looking to groups and members for ideas on how to achieve our goals of helping the alcoholic who still suffers. We know that the Business Committee does not know all ways to reach someone that needs our help and are looking to members for new ways to be there.

Here are some ideas presented, please add your ideas to list. Please use ASK picture icon (BELOW) on Intergroup website, [ncsandiegoaa.org](http://ncsandiegoaa.org), to submit suggestions (select Business Committee for your feedback).

1. Purchase x number of Grapevine/La Vina subscriptions for North County physicians, clergy, mental health professionals, or others who come across people with drinking problems.
2. Host separate breakfast or lunch events for clergy, lawyers, doctors, military, mental health professionals, police, etc.
3. Underwrite the distribution of pertinent literature to school nurses/social workers/teachers, etc.
4. Distribute and regularly re-stock pamphlet distribution to non-profit health care clinics throughout North County. This might involve collaboration with the North County Spanish Central Office.
5. Contact the North County LGBTQ Center to get on the radar for PRIDE next year. I believe there is also a PRIDE event in Escondido, and possibly in other North County locations.
6. Place a communication in the READER, THE PAPER, COASTAL DISPATCH, MILITARY TIMES, and other publications are widely distributed in North County.
7. Central office speaker meeting with adjustments to make it more public information focused.
8. Meet with NSDYPAA to discuss getting young people involved in 12 step ideas and new ways to reach younger people.
9. Workshop to discuss safety in meetings for new members. This includes sexual advances as well as members taking advantage of financial issues of new people. Signs for old-timers notice and intervene.
10. Twelfth-Step workshop to have members learn and discuss service opportunities in AA.

